



NATIONAL SANSKRIT UNIVERSITY, TIRUPATI
DEPARTMENT OF PERFORMING ARTS
BHARATANATYAM
CERTIFICATE PROGRAM – REGULAR

OBJECTIVES

- To introduce the Art form and their scope.
- To initiate the understanding of Art and their influences.
- To understand the Indic Knowledge System.
- To develop the skill on Art and explore the Knowledge system.
- To upgrade the brain development and which results in the physical and psychological well-being.
- To understand and explore the role of yoga and physiotherapy in Performing Art.
- Provide the idea to enjoy and understand and appreciate an Artform.
- Provide the methodological and ideological training.
- To introduce the idea of Art and how it connects all the stream of Academical Subjects.
- To provide the systematic foundation on Art (Practical and Theory).
- To institute the idea on Bharatanatyam and explore the art through academically/ professionally
- Teaching methodology also involves the various streams of subjects like Bio Science, Physics, Mathematics, etc, with co related to Art.
- Audio Visual Archives also used for the teaching methodology.

OUTCOMES

- Capable to handle the Art form systematically.
- Able to acquire the strong foundation in Art.
- Able to explore the Art and its aesthetics.
- Capable to perform the Art form.
- Acquire the idea on Art and Culture.
- Able to understand the idea of music in dance.
- Able to get the idea of presenting themselves on performance.
- Capable to analyse the various Art forms with proper standards.
- Capable to keep healthy body and mind.

Course Details:

Name of the Program	:	Certificate Program in Bharatanatyam
Duration of the course	:	6 Months
Credits	:	18
Time allocation	:	<ul style="list-style-type: none">● Practical / Viva – 60 minutes/day, weekly 5 days● Audio-Visual Archives, E-Content – 60 minutes/day weekly 5 days
Mode of Examination	:	Offline
No. of Papers	:	02 <ul style="list-style-type: none">● 1st Paper : Practical● 2nd Paper : Theory
Total Marks	:	200 marks <ul style="list-style-type: none">● 1st Paper: 100 Marks● 2nd Paper: 100 Marks
Eligibility	:	10 th (SSC) passed
Medium of course	:	Sanskrit, English

PAPER -1**PRACTICAL****EXERCISES (Every day)**

- **WHOLE BODY CONDITIONING**
(From head till toe)
- **STRENGTHENING**
(Different varieties of strengthening and endurance exercises including planks, core strengthening for the whole important muscles and joints)
- **YOGA AND PRANAYAMA**
(combination of various yoga Asanas along with the breathing exercises which helps for the proper understanding of breathing techniques while perform)

INTRODUCTION TO ADAVUS

- THATTADAVU (8-NOS)
- NĀTTADAVU (8-NOS)
- THĀ THAI THAI THA (3-NOS)
- KUDHITHMETT ADAVU (4-NOS)
- THĀLAM FOR ADAVUS

(As a part of Laya understanding practice Thalam and Adavu together)

PAPER - 2

THEORY

(Abhinayadarpanam)

INTRODUCTION TO BHARATNATYAM

(Eulogy of Natya, Introduction about Art)

HISTORY

(Bhakthi movement in South India, influence of Music and Dance)

INDIAN ARTS

- CLASSICAL
(All the artforms in India)
- FOLK
(Major folk forms of India)

HERITAGE

- TEMPLE
(Temples related with Art in India)
Sri Chidambaram Temple
Sri Brihatheeshwara Temple, Tanjore
Sri Thrivaaroor Thyagaraja Temple
Sri Sreeranganathar Temple
And includes the history, art and various aspects with respect to Art.
- SCULPTURES
(Relation between Sculpture and Dance)

MUDRAS

- ASAMYUTHA HASTHAS
(Hastha Slokas and Viniyogas)
- SAMUTHA HASTHAS
(Hastha Slokas and Viniyogas)

INTRODUCTION TO LAYA

(Soolathi Saptha Taalas, Tala Angas, Jaathis)

ASSIGNMENTS ON VARIOUS TOPICS

(Topics on individual choice according to the academic subjects, which helps to understand the Art and subjects.

(WITHIN THE SYLLABUS)

TEACHING METHODS

- LECTURE
 - DEMONSTRATIONS
 - PRACTICAL
 - THEORY
- EXIHIBITIONS
 - AUDIO VISUAL ARCHIVES
 - COSTUME DESIGNING
 - MAKE UP
 - STAGE MANAGEMENT
- ACCOMPANY TOOLS
 - METRONOME
 - E SRUTHI
 - TALAM (THATTUKAZHI SET)
- PRESENTATIONS