

## CURRICULUM VITAE

Dr. R. Lakshminarayana  
Mobile: 9391529539  
Email: lakshminarayana.yoga@gmail.com



**Designation** : Assistant Professor  
Department of Yoga Vijnana  
National Sanskrit University  
Tirupati-517501

**Address for Correspondence** : Dr. R. Lakshminarayana  
Block No-2, Type-IV Quarters  
National Sanskrit University  
Tirupati, Andhra Pradesh

**Educational Qualifications** : M.Sc ( Yoga and Naturopathy), M.Phil, Ph. D.,  
M.A., (English), P.G. D. Yoga Vijnana, & NET.

**Languages Known** : Telugu, English & Sanskrit (Reading, Writing & Speaking)

**Invited Lectures/Resource Person:** 10

**Books Published:** 2

**Articles Published:** 9

**Paper presentations (International/National/State):** 8

**Teaching Experience:**

- **Assistant Professor**  
Department of Yoga Vijnana  
National Sanskrit University – Sep 2019 to till date
- **Guest Lecturer**  
Rashtriya Sanskrit Vidyapeetha - Oct 2006 to Sep 2019

**Positions held:**

- “Member” of “Board of Studies” (BOS) for Andhra University, Vizag, 2020.
- “Member” of “Board of Studies” (BOS) for National Sanskrit University, TPT, 2020.
- Course Co-ordinator for P.G. Diploma in Yoga Vijnana (CDOE)
- Convener for Online Yoga Programs

**Specializations:**

- General Yoga Training
- Yoga Therapy